



DOUGLAS H. BROWN, PA-C

LAKESIDE MED, LLC
FOUNDER

OBJECTIVE

To apply my diverse educational background, skillsets, life experience, and interest in research to ensure the delivery of inclusive, equitable, high quality, cost effective primary and palliative health care to home-bound, underserved, and marginalized patient populations. I have a special interest in serving the LGBTQIA+ community.

INTERESTS

- equitable and inclusive care for LGBTQIA+ elders
- primary palliative care for homebound, seriously ill patients
- mobile integrated health and community paramedicine
- music as therapy for psychiatric and neurological disorders

OTHER INFO

- 20+ years' experience as a volunteer firefighter, EMT, and paramedic
- certified by USA Hockey as a Level 1 Ice Hockey Coach

EDUCATION

EdD(c) • Frostburg State University • 2022 (estimated).

Educational Leadership. Dissertation Topic: Microaggression and Bias Against SGM Elders in Aging Service Providers.

MSPAS • Shenandoah University • 2007.

Physician Assistant Studies.

Thesis: Knowledge of Hospice and Palliative Care in Physician Assistants.

BA • Hood College • 2005.

Psychology. Departmental Honors.

AAS • Frederick Community College • 2003.

Emergency Medical Services – Paramedic. With Honors.

RECENT EXPERIENCE

Founder • Lakeside Med, LLC • Frederick, MD

Feb 2020 - present.

Lakeside Med, LLC, delivers high-quality, compassionate, inclusive, and equitable care via its two business units. Mason-Dixon Mobile Medicine provides in-home care for homebound senior citizens with a primary focus on LGBTQIA+ elders. ComingOut Health provides office-based primary care for the adult transgender community.

Physician Assistant • Meritus Healthcare • Hagerstown, MD

Apr 2020 – Aug 2020.

Part-time provider in the new Quick Care Clinic, a population health project to help arrange appropriate services for patients using the emergency department for their primary care. The opening of the Quick Care Clinic was delayed indefinitely due to a significant reduction in emergency department visits during the early stages of the COVID-19 pandemic and the position was eliminated.

Assistant Professor, Department of Physician Assistant Medicine •
Frostburg State University • Hagerstown, MD



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Mar 2018 – Dec 2019.

In addition to serving as the clinical coordinator for FSU's physician assistant program, I taught courses in physical examination and diagnostic skills, population health, anatomy, and evidence-based medicine. My grant proposals for a 3D color printer and educational electronic medical record (EMR) system were approved and funded by the FSU Foundation. I served on the FSU Center for Teaching Excellence Advisory Group, and as the department Library Liaison. I also provided technical support assistance to FSU's IT department, serving as the DPAM technology contact point for educational hardware and software acquisition, installation, and staff and faculty training. Created infrastructure to ease the record-keeping requirements for initial and subsequent accrediting body evaluations.

Physician Assistant • Family First Health • Gettysburg, PA

Mar 2017 – Dec 2017.

Served as a primary care provider (PCP) in a Federally Qualified Health Center (FQHC) located in Gettysburg, PA.

Pre-Hospital Physician Extender • Adams Regional EMS • Gettysburg, PA

Aug 2016 – Apr 2020.

Part-time and volunteer position serving as a first responder. In 2018, I began an effort to create a Mobile Integrated Health/Community Paramedicine program affiliated with AREMS. Legislative challenges prevented this project from taking place.

Physician Assistant • FirstLine Care, Hanover Medical Group • Hanover, PA Dec 2015 – Feb 2017.

Now UPMC-Pinnacle. This was the inaugural effort of a product line of onsite occupational health and primary care practices, targeted at self-insured companies in an effort to provide better health care at reduced cost, and to increase employee satisfaction. I was brought onboard to establish the first clinic, and to then provide technical, medical, and business-related guidance as the product line expanded. In addition to providing primary and occupational health services, I was responsible for procuring all medical and diagnostic supplies and equipment and delivering health information presentations at a local factory.



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Physician Assistant • Key Neurology • Frederick, MD Jun 2013 – Dec 2015.

I served as a neurology consultant in a small private practice in Frederick, MD. My supervising physician started a new position with the Veterans Administration, and the practice closed in January of 2020.

Staff Physician Assistant • Loudoun Free Clinic • Leesburg, VA Sep 2010 – Apr 2013.

My experiences at the Loudoun Free Clinic impacted me profoundly, and laid the foundation for my future career desires. I was the first provider to be hired on staff at the clinic, and was responsible for the care of uninsured adults in Loudoun County, Virginia. The complexity of this population is remarkable, and I greatly appreciated the opportunity to care for these wonderful people. I represented the Clinic as a member of the Loudoun Health Council, where I chaired the Safety Net Working Group. At the Clinic we were fortunate to be included in monthly sessions with the International Diabetes Council (IDC). During my employment, the IDC acknowledged the Loudoun Free Clinic as achieving the highest level of diabetic control among safety net clinics in Northern Virginia. Clinic funding ran very low in early 2013, I voluntarily left my paid position but continued to volunteer for a few years. I also served as a clinical preceptor for PA students from several programs and developed a concept for a student-run free clinic.

PROFESSIONAL LICENSES & CERTIFICATIONS

Maryland Board of Physicians

Physician Assistant, License #C03707 (exp. 30 Jun 23)

Maryland Department of Health & Mental Hygiene

CDS Registration (exp. 31 Dec 23)

Department of Justice (DOJ) Drug Enforcement Administration (DEA)

Controlled Substance Registration Certificate (exp. 31 Jul 23)

National Commission on Certification of Physician Assistants (NCCPA)

Physician Assistant – Certified, Certification #1080714
(exp. 31 Dec 22).

Pennsylvania Board of Medicine

Physician Assistant, License #MA057763 (exp. 31 Dec 22)



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Pennsylvania Board of Osteopathic Medicine

Physician Assistant, License #OA003605 (exp. 31 Oct 22)

FMCSA / USDOT Certified Medical Examiner

Registry #6708073746 (exp. 28 Apr 26).

PROFESSIONAL ASSOCIATION MEMBERSHIPS

National

American Academy of Home Care Medicine (AAHCM).

American Academy of Physician Assistants (AAPA).

American Geriatrics Society (AGS).

GLMA: *Health Professionals Advancing LGBTQ Equality*.

LGBT Caucus of the AAPA.

Physician Assistants in Hospice & Palliative Medicine (PAHPM).

World Professional Association for Transgender Health (WPATH).

Regional

Aging Network Alliance (ANA). Frederick, Md.

Elder Services Provider Council (ESPC). Frederick, Md.

Senior Provider Information Network (SPIN). Westminster, Md.

VOLUNTEER EXPERIENCE OR LEADERSHIP

Frederick Health Hospice, Frederick, MD. (Dec 2021 – present).

Member, Board of Directors.

Gettysburg College, Gettysburg, PA. (Sep 2021 – present).

Assistant Ice Hockey Coach.

Hospice of Washington County, Hagerstown, MD. (Jan 2019 – Mar 2021)

Member, Board of Directors.

Loudoun Free Clinic, Leesburg, VA. (April 2013 – Sep 2018)

Primary care services and treadmill stress tests for uninsured patients.

Mobile Hope of Loudoun County, Leesburg, VA. (2013 – 2015)

General volunteer, medical consulting. Part-time bus driver.

Hospice of Frederick County, Frederick, MD. (2011 – 2015)

Direct care and bereavement volunteer.



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Trout Unlimited, Maryland Chapter, Baltimore, MD. (2009 – 2011)

Board member, 2009-2011. Chapter secretary, 2011.

Gilchrist Hospice, Towson, MD. (2007 – 2010).

Patient care volunteer.

Lisbon Volunteer Fire Company, Lisbon, MD. (1997 – 2009).

Volunteer firefighter, EMT, paramedic. Engine driver.

Blue Ridge Hospice, Winchester, VA. (2005 – 2007).

Patient care volunteer.

Elk Ridge Volunteer Fire Department, Elk Ridge, MD. (1995 - 1997).

Volunteer firefighter, EMT.

Savage Volunteer Fire Company, Savage, MD. (1976 – 1980).

Volunteer firefighter, EMT.

MILITARY SERVICE

U. S. Air Force, Aug 1977 – Nov 1984.

E-5, SSgt. Medical Services Specialist, Emergency Room Technician.

PREVIOUS EXPERIENCE

**Physician Assistant • NDMS PA-1 DMAT • Pittsburgh, PA
2008 - 2012.**

On-call federal disaster response team. Deployed to Haiti (earthquake).

**Physician Assistant • PHS-1 DMAT • Rockville, MD
2001 – 2007.**

On-call for the flagship federal disaster medical response team. Several deployments including State of the Union Addresses, and Orange Alert in Washington, DC. Additional roles in logistics, leadership, and planning.

**Physician Assistant • All Care of MD • Columbia, MD
Jul 2012 – Oct 2013.**

Part-time urgent care provider.

**Universal Counseling Services • Baltimore, MD
Sep 2010 – Jun 2011.**



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As a participant in the Baltimore Buprenorphine Project, I performed history and physical exams on patients prior to their induction on Suboxone therapy.

**Physician Assistant • ConMed, Inc. • Hanover, MD
Sep 2010 – Jun 2011.**

Corrections medicine, part-time. Howard, Carroll, and Washington County.

**Physician Assistant • ExpressCare of Westminster • Westminster, MD.
Oct 2010 – Jun 2011.**

Urgent care provider, part-time.

**Physician Assistant • SleepHeart of MD & VA • Reston, VA.
Mar 2010 – Sep 2010.**

Sleep medicine provider.

**Neurosciences House Staff • Sinai Hospital • Baltimore, MD
Jun 2009 – Dec 2009.**

Inpatient services including neurology and neurosurgery consultations, first assist in neurosurgery, and neuro-critical care.

**Physician Assistant • Emcare, Inc. • Laurel, MD.
May 2009 – Dec 2009.**

Emergency department provider, part-time. Laurel Regional Hospital.

**Physician Assistant • John W. Middleton, MD • Manchester, MD
Jan 2008 – Jun 2009.**

Family medicine provider. Dr. Middleton is now the medical director for Carroll Hospice in Westminster, Md.

**Paramedic, Part-Time • Mt. Airy Volunteer Fire Company • Mt. Airy, MD
Jun 2005 – Jul 2008.**

**Paramedic – Contingent • Frederick County DFRS • Frederick, MD
Dec 2003 – Jun 2005.**

**Adjunct Faculty, EMS • Frederick Community College • Frederick, MD
Summer 2004.**



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ENGINEERING CAREER EXPERIENCE SUMMARY

After my discharge from the USAF, I had a very successful career as a computer engineer until 2003 when I decided to change my career direction. A summary of my job responsibilities follows. Specific details are available on request.

- Develop and manage project budgets for small to larger computer systems.
- Specify, develop, and implement software and hardware development compliance standards.
- Design, develop, and present technical education and training.
- Manage production and installation of computer hardware and software systems, working with local governments to minimize disruption of public services.

Telecommunications Systems.

Megisto Systems, Inc. Germantown, MD. (Jun 2000 – Apr 2003)

DHB Engineering, LTD. Mt. Airy, MD. (Dec 1996 – Jun 2000)

ARINC, Inc. Annapolis, MD. (Aug 1995 – Dec 1996)

Prism Communications, Inc. Columbia, MD. (Apr 1995 – Dec 1996)

Cabletron Systems. Rochester, NH. (Nov 1994 – Apr 1995)

Telecommunications Techniques Corp. Germantown, MD. (Apr 1990 – Jul 1992)

American Computer & Electronics. Gaithersburg, MD. (Jul 1984 – Jan 1985)

Microlog Corporation, Gaithersburg, MD. (Apr 1982 – Jul 1984)

Automated Vehicle Location (AVL) Systems.

Orbital Sciences Corporation, Germantown, MD. (Dec 1996 – Jun 2000)

Factory Automation Systems.

Rexnord Automation. Hunt Valley, MD. (Sep 1986 – Feb 1987)

Rexnord Automation, Anchorage, AK. (Jan 1985 – Apr 1986)

Mass Storage Devices & Systems.

U. S. Design. Columbia, MD. (Jul 1992 – Sep 1994)

Aviation Fuel Testing Systems.

Alcor, Inc. San Antonio, TX. (May 1986 – Feb 1987)

Spacecraft and Defense Systems.

Johns Hopkins University Applied Physics Laboratory (Feb 1987 – Apr 1990).